

Tempo National Newsletter October 2026

Text Only Version

SAI Partners With Plaid

Sigma Alpha Iota is committed to providing resources that support a safe, positive, and rewarding membership experience. You've asked for resources pertaining to mental health, member safety, and relationships – we've heard you! That's why we're partnering with [Plaid](#) to offer members access to the Tightrope Education Program.

Tightrope is a research and data driven educational program that combines online courses with optional in-person chapter activities to provide practical information and resources on:

Hazing Prevention

Navigating Alcohol Use

Cannabis and Other Drugs

Building Healthy Relationships, and

Elevating Your Mental Health

The program is designed to provide practical information and tools to help members make informed decisions, navigate challenging situations, and contribute to safer chapter activities and environments.

Participation in Tightrope is completely optional and is not a requirement for individual members or chapters. There is also no cost to you or your chapter members to participate.

A limited number of spaces are currently available. If you choose to register, we ask that you commit to completing at least 1-2 modules of the program so that the available spaces are used effectively. To sign up to receive the enrollment information, complete the request form at this link: <https://forms.gle/eZ9WPSFckkdEeTYg7>

We hope you will consider taking advantage of this opportunity and the resources available through the program. Best wishes for a safe and successful semester!

Sincerely,

The SAI National Executive Board

SAI Socials

Do you follow Sigma Alpha Iota on social media? Be sure to visit, explore, and share.

FACEBOOK

<https://www.facebook.com/sigmaalphaiotafraternity>

INSTAGRAM

<https://www.instagram.com/sigmaalphaiota/>

LINKEDIN

<https://www.linkedin.com/company/sigma-alpha-iota-music-fraternity>

TIKTOK

<https://www.tiktok.com/@sigmaalphaiota>

Potts and Pan's is the new recipe sampler from SAI chapters. [Download it for free.](#)

National News

An SAI Affiliate Update: [The International Alliance for Women in Music](#) in Music is pleased to announce the 2026 cycle for the Pauline Alderman Awards for outstanding scholarship on women in music. Works published during the calendar years 2024 and 2025 will be considered for cash prizes in the following categories:

1. An outstanding book-length monograph about women in music, including biography, history, analysis, and critical interpretation, in any academic format (e.g., book, dissertation, or thesis);
2. An outstanding journal article or essay treating an aspect of women in music; and
3. An outstanding bibliographic study, research tool, or reference work about women in music.

Any individual or organization with current membership of IAWM may submit works for consideration along with a letter of nomination. If the membership is not current at time of submission, the work will be disqualified. Only the person submitting the nomination must have current membership.

To join IAWM or renew your membership, please see the IAWM website here:

<https://iawm.org/join-iawm>.

Closing date for submissions: November 15, 2026

Chapter Bylaws

Collegiate and alumnae Bylaws and Local Chapter Procedures Manual (LCPM) submissions are due November 1 using the forms in the Officer Portal. After submission, the review committee may recommend revisions or corrections. As a reminder, **collegiate** chapters that do not submit these required documents during the fall semester will become ineligible to conduct an MIT class until both documents have been submitted.

Required changes must be completed and resubmitted, and both documents must receive final approval before the chapter will be eligible to conduct an MIT class in the following fall semester.

If you have any questions, please contact **Melissa Csengeto, Director of Chapter Bylaws**

saidirectorchapterbylaws@gmail.com

Sigma Alpha Iota

P N A T I O N A L E X E C U T I V E B O A R D V P
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NATIONALEXECUTIVEBOARD

MEMBERSINTRAINING

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ROSE

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GREEK

MUSIC

Meet the Southern Indiana Wind Band

Funding from the Community Arts Grant for 501c3 Organizations program of SAI Philanthropies, Inc. will support a new wind band commission by composer, Richard Sausedo. In spring of 2026, the Southern Indiana Wind Ensemble (SIWE) based in Bloomington, was awarded a grant to commission a new work to celebrate their 20th Anniversary concert season in 2026-27.

Founded in 2007, SIWE is a community-based ensemble made up of musicians from all walks of life. Its concert programs include a variety of challenging wind band pieces with a focus on both traditional favorites and recent additions to the repertoire. As an ensemble, SIWE aims to sustain a high-quality performance outlet for its members, encourage a lifelong pursuit of opportunities for musical performance, connect with young musicians through side-by-side concerts and educational outreach, engage with a diverse audience, and enhance the greater artistic community.

Sausedo, a highly regarded wind ensemble composer, will create a work that will appeal to community, college, and advanced high school wind ensembles. SIWE believes that this commissioning project is an excellent opportunity to support a regional composer, contribute to the available literature for wind ensemble, and present a new work during its anniversary season.

Gayle Ober, Grant Director

SAI Philanthropies Grants

Applications are now open on [GivaGrant](#) for the following on-going programs:

Chapter Outreach Grants

Internship Stipends

Music Career Grants

Music Project Grants

Music Therapy Grants for First Cycle Professionals

Professional Development/Education Grants

Additional grant and scholarship applications will be opened after January 1.

Collegiate Comment

Beta Alpha, Florida State University, Tallahassee, Florida

The Beta Alpha chapter will be hosting our Fall 2026 musicale on November 22nd in Lindsay Recital Hall. Our theme, The Rose Gallery, blends visual art and music. Pre-existing artwork or pieces created by sisters will be displayed to accompany their musical performance. This event was created by our own musicale chairs: Lindsay Reese and Tyler Colgan.

One of Beta Alpha's fundraising events to kick off the fall semester included partnering with Calvin's Coffee House to create an SAI themed latte. The latte, deliciously flavored with raspberry and white chocolate, was available for the entire month of September.

Lastly, Beta Alpha welcomed the largest fall MIT class in years! With twelve new members-in-training, our Vice President of Membership, Mia Cruz, is underway with her education plan for our new blossoming MITs. — *Tori Hamilton, editor*

Beta Eta, Western Michigan University, Kalamazoo, Michigan

In the month of September, we had four recruitment events and one fundraiser! Our first event of the school year was a collaboration with Kappa Kappa Psi and Phi Mu Alpha. We call it our annual Tri-Greek Cookout! Our other recruitment events included a lemonade stand, vision board making, and pinecone bird feeder making. All our events were a hit, and we have many potential members interested in joining! We also had a Tri-Greek music exchange where brothers and sisters had the opportunity to perform personal pieces as well as their organization's songs. Overall, Beta Eta has been having a blast. We are getting back into the swing of things with school, and we can be together as a chapter again! — *Adi Catarino, editor*

Beta Psi, East Carolina University, Greenville, North Carolina

Recently, our chapter hosted a phenomenal social event we called "Paint the Sister!" Each sister was given the name of another sister at random, and they were challenged to paint them to the best of their ability. At the end, we enjoyed a thrilling grand reveal, as each sister presented their paintings. This social was a time of fun, laughter, and of course, love and roses.

Ms. Frances Cain was a part of Beta Psi's first ever class. She is a highly active part of Greenville, North Carolina's community. Not only does she play the piano for her local

church, St. James United Methodist Church, but she is quick to show up and support the Beta Psi chapter at our university, East Carolina. Ms. Frances shows up at many of our events. In the picture above, Ms. Frances holds her original initiation document, dated 1956.

Pictured above, is a handful of our Beta Psi sisters showing off their beautiful homemade letters. They are pictured with our chapter's newest distinguished member, Dr. James Franklin. Dr. Franklin and his wife, Mrs. Nicole Franklin, were initiated last semester. Both have enriched Beta Psi's support system. — *Anna Gourley, editor*

Epsilon Pi, Truman State University, Kirksville, Missouri

Epsilon Pi is starting the year with preparations for our annual North Star Music Festival at Truman State University. Held every fall semester, Epsilon Pi collaborates with Truman State's Department of Music to invite artists for performances, workshops, and the opportunity to hear a newly composed piece presented by one of Truman's own ensembles. This year, an SAI Philanthropies, Inc. Impact Grant gives us the opportunity to host Dr. Gene Koshinski, an award-winning soloist from the University of Delaware, as our composer, and the Quey Percussion Duo, which is the only percussion duo in the United States to hold a full-time residency. Dr. Natalie Landowski and Dr. Nicholas Miguel from Western Illinois University will also be featured in the festival. Dr. Landowski is a pianist who participates in solos and ensembles, and she has presented pedagogy workshops and presentations at the College Music Society and MMTA convention, among others. Dr. Miguel is a baritone soloist currently singing with True Concord, a GRAMMY-Nominated professional choir. Epsilon Pi is elated to share these talented artists with the Kirksville community! — *Emily Yacaginsky, editor*

Nu Theta, Texas Tech University, Lubbock, Texas

The Nu Theta Chapter at Texas Tech is happy to announce that on October 1st we welcomed four new members-in-training! We had a great month of recruitment in September and, as a chapter, we would like to extend our gratitude to Parker Aviles, our Vice President of Membership, for making this recruitment season one we will never forget. Through recruitment, we successfully broadened interest in our chapter across campus. This is something that we were focused on, since our chapter is only a year and a half old. We are incredibly excited to spend the next month getting our new MITs prepared for initiation and soon welcoming them into our sisterhood. — *Maddie Kath, editor*

Alumnae Comment

Asheville (NC)

The Asheville Alumnae Chapter had a great start to the new fraternity year. At our September meeting we affiliated two new members and had an official visit from our Province Officer, Sarah Saxton. She surprised us with two awards: the Psi A Province Alumnae Chapter Achievement Award and the Region VII Alumnae Chapter Achievement Award. We are grateful to the province and regional leadership for these awards. We look forward to the coming year of meetings and social gathering events. In May, we will celebrate our 10th anniversary as a chapter! — *Bonnie Richards, editor*

Boulder (CO)

The Boulder Alumnae Chapter's Executive Board kicked off the new season with a retreat in beautiful Estes Park. Our leadership developed chapter goals, new fundraising initiatives, and began Xi C Province Day preparations for March 2027. The retreat was productive, and the lovely mountain scenery came complete with elk and marmot sightings!

Our first musicale of the year celebrated the 250th anniversary of the United States. We featured American composers and joined together for full-chapter sing-a-longs of American tunes. Future musicales for the fall season will continue this trend of connection and intergenerational collaboration through music performance.

We look forward to growing our sisterhood with our affiliation ceremony this October and welcoming Jess Braud to the Boulder Alumnae Chapter! We also congratulate Vice President of Membership Anne Kleve for her successful contributions to the 2026 "Ringing Up!" Area 11 Festival, which brought together handbell musicians from Colorado, Arizona, New Mexico, Utah, and Wyoming. — *Jenna Moore, vice president, programs and editor*

Buffalo (NY)

This summer gave our chapter an opportunity to reflect on its diverse activities and community service supporting the art of music, as well as time for our traditional program and calendar development. Our board met in July for calendar planning. With the leadership and creative energy of our chapter President, Cindy Ripley, the board has been able to develop a wonderful, engaging program for the year ahead.

In addition to our support of the arts, the special sisterhood we share is enhanced by our social events and the inclusion of spouses and families. Our summer social on July 26th was a great opportunity to enjoy an afternoon of fellowship and conversation among members and our families.

As summer ended, we held our opening meeting at Cindy Ripley's home on September 19th. Members previewed the year's programs and received our refrigerator magnet listing scheduled activities. Our principal fundraiser, "Burgers and Brews," will be on October 8th at Salvatore's Chandelier Bar. This year's meetings will feature a Zoom meet-and-greet with the nearby Rochester, NY Chapter; programs on handbells, medieval music, music therapy, and other topics; as well as numerous musicale performances. The luncheon was delicious, highlighted progress toward our chapter goals, and celebrated the special sisterhood we share. — *Louise Schwarz, editor*

Cincinnati (OH)

Our chapter has continued to present musicales at local senior homes. The most popular programs have been our "Music Man" themed musicales. We look forward to presenting more performances featuring vocal and instrumental selections from Broadway favorites!

We are delighted to welcome local composer Rick Sowash as a National Arts Associate. After his initiation, chapter members performed a musicale of his works. We encourage our sisters to visit <https://sowash.blurve.net> to peruse his compositions, all of which are available for free! Rick's music is delightful and engaging for musicians of all levels and all instruments. We hope that you enjoy it as much as we do! — *Sarah Evans, editor*

Clarksville (TN)

This past June, the Clarksville Alumnae Chapter gathered for their second annual Founders' Day cookout. Sisters were joined by their families for an afternoon filled with good BBQ and great conversations. They reflected on the year behind them and looked at the opportunities ahead. The chapter spent time celebrating each other's personal and professional accomplishments from the last year. The sisters performed the Founders' Day Ceremony to commemorate the work of the founders all those years ago. This newly created tradition has become an event everyone looks forward to as a way to refresh our commitment to our sisterhood. — *Elizabeth Gaskill, editor*

Fargo-Moorhead (ND)

Founded in 1950, the Fargo-Moorhead Alumnae Chapter remembered one of our Charter Member sisters, Isabelle Weaver, at our first meeting of 2026. Isabelle had a passion for music and education which she gladly shared with our Chapter. She was the last surviving Charter Member. At this meeting, we also took the time to peruse the many programs and articles which had been stored from our Alumnae Chapter and North Dakota State University's Omicron Chapter.

Each year we select a variety of different meeting types (Guest speakers from our local bands, orchestra, jazz, and opera ensembles; Community Service at local Senior Residences; and Musicales with guests and sisters Participating). Fundraisers include Style Shows, Garage Sales, and Silent Auctions. Our Chapter is small, but we keep active by encouraging, nurturing, and supporting the art of music as proud sisters in SAI! — *Barbara Schramm, editor*

Fort Wayne (TX)

Our September meeting opened with two Fort Wayne Youth Orchestra scholarship recipients performing for members. Their impressive performances offered an inspiring start to the season and a meaningful reminder of why our continued support for young musicians matters. The performance also gave members an opportunity to see the impact of the scholarship program firsthand. Our chapter calendar promises an engaging mix of music, service, and fellowship. Members can anticipate informative presentations from community guests and chapter sisters, two fundraising performances, and a musicale at a local retirement center.

Our chapter was honored with the Annelle Chandler McAdams Alumnae Service Project Award for Group III for our String Queens Service project. Working with other community organizations, we brought in the Washington D.C. based trio to Texas to conduct clinics and concerts for area string students.

We would also like to congratulate our sister, Marcy Trentacosti, who received a National Alumnae Leadership Award (Diamond Sword of Honor) for outstanding service to the chapter, community, and fraternity. Marcy is an inspiring educator and Fort Wayne Philharmonic member and served as chapter president. It was through her leadership and

vision that the String Queens project came to fruition. Congratulations, Marcy! — *Susan Jehl, editor*

Las Vegas (NV)

The Las Vegas Alumnae Chapter has already had a busy and exciting fall! President Lindsey O'Connor organized the annual Woodwind Day at the College of Southern Nevada, bringing together more than 200 musicians for a day of learning and performance. The chapter once again provided lunch and dinner, along with a bake sale for the attendees. Funds raised from these activities will support our annual scholarship, which will be awarded in the spring.

We were saddened by the passing of Evelyn Johnson in August. Several sisters will attend and perform at her memorial service in October as we gather to remember and honor her.

Our September musicale featured the debut of *On the Wind* by chapter member Kelly Dugger, performed on solo clarinet by Lindsey O'Connor. It was especially exciting to hear Kelly share the inspiration behind the piece, which she wrote while vacationing near Yosemite.

Looking ahead, the chapter is excited to welcome our Province Officer for an in-person visit in November. We will also enjoy a variety of social and service activities in December as we wrap up 2026. — *Kimberly Philips, editor and treasurer*

Minneapolis-St. Paul (MN)

September brought a season of celebration, honoring major milestones and exceptional achievements within our chapter. Gayle Ober was presented with two of SAI'S highest accolades: the Diamond Sword of Honor and the National Alumnae Leadership Award. Gayle's decades of distinguished service span three key areas. Regionally and nationally, she has elevated our fraternity by recruiting two renowned National Arts Associates and by recently being named Director of the Community Arts Grant Program for SAI Philanthropies, Inc. Locally, she has helped spur membership growth and retention, held numerous leadership roles, and directed host responsibilities for the 2025 National Convention. Beyond our chapter, Gayle has spent more than 40 years serving on music, arts, and philanthropic boards as an experienced nonprofit CEO.

Our uplifting news continued as we affiliated Maggie Heuer and welcomed Seolyeong Jeong as a Patroness with Training. The busy month concluded with Judy Ranheim and Susan Anderson-Benson delivering a masterful performance for the chapter. Blending the first two movements of Handel's 3rd (G minor) and 5th (G Major) sonatas for flute and figured bass, they utilized authentic Baroque improvisatory practices to beautifully craft their own unique four-movement work. What a wonderful beginning to the chapter's year! — *Helen Roberts Franczyk, editor*

Mobile (AL)

The Mobile Alumnae Chapter of Sigma Alpha Iota was delighted to serve at the 3rd Annual YAY Band Contest at Davidson High School in Mobile, AL. As musicians and music supporters, we are always looking for opportunities to give back to our local musical community, and this event provided a wonderful way for our chapter to do just that.

Our members volunteered throughout the day to help with the many details that keep the competition running smoothly. We assisted with checking in bands and parents, helped participants navigate the event, and coordinated smooth transitions between the high school bands. While much of our work took place behind the scenes, we were happy to be there to help create a welcoming and organized experience for everyone involved.

More than anything, it was a joy to be surrounded by young musicians who shared our love of music. Watching the students arrive with their instruments, excitement, and anticipation reminded us why supporting music education and young musicians is so important. Sharing this service experience with our SAI sisters made the day even more meaningful. We are grateful for the opportunity to serve together, support music in our community, and put our fraternity ideals into action. The Mobile Alumnae Chapter looks forward to continuing to serve, encourage, and celebrate the next generation of musicians. — *Jessica Head, president*

Philadelphia (PA)

Members of the Philadelphia Alumnae chapter met on September 19th for our first meeting of the fraternal year. Our sisters were able to catch up with each other and the chapter set goals for the year. Our chapter discussed continuing to be involved with our local collegiate chapters by attending their rituals and fundraisers, continuing our dedication to raising funds for SAI Philanthropies with our fall calendar fundraiser, and a commitment to finding service projects that help bring music into the community. We also

took some time to celebrate our sister, Carolann Gossweiller, who received two glorious new cellos courtesy of an SAI Philanthropies Music Education Outreach Grant. Our chapter is looking forward to a great fall and sharing some sisterhood at our fall s'mores social. —

Amanda Rougeau, editor

Phoenix (AZ)

We are off to a great start! The Phoenix Alumnae Chapter began the new year with a Formal Chapter Meeting on September 26 that included our Official Visit with Province Officer Heather Featherstone and the affiliation of three new sisters. The chapter was honored to present the highest award a collegiate member can receive, the National Collegiate Leadership Award, to Emily Paul! Our chapter was honored to receive the 2026 Omicron Province Alumnae Chapter Achievement Award, and our Province Officer was given a beautiful red rose with words of thanks for her service to the Fraternity and to our chapter. Ritual was performed memorized, and the music was beautifully presented.

After the meeting, our three new sisters were welcomed with a special gift of the new SAI Songbook. Our “SAI Songbirds” leader, Angie Grau, taught us *Pan in Canon*, which we joyfully sang as a three-part canon. The chapter was presented with a new Service Project that was approved in support of our new affiliate, Amber Walker, who has great needs for her band and orchestra classroom this year.

Fraternity Education focused on reviewing the important aspects of Formal Chapter Meetings. Sisters were also asked to review the National Objectives and share their ideas for fulfilling them at our October meeting.

The musicale featured Brahms’ *Sonata No. 1 in E Minor, First Movement*, beautifully performed by Moria Bogardus, cello, and Heather Hernandez, piano. Following the musicale, we enjoyed delicious delights and wonderful opportunities for sisterhood and fellowship. It was a memorable afternoon filled with meaningful SAI traditions, accomplishments, music, and sisterhood. — *Lauren Erickson, president*

Raleigh-Durham (NC)

In August, the Raleigh-Durham Alumnae Chapter headed to Asheville for a weekend retreat at SAI National Headquarters. Guided by Executive Director and former chapter member Christine Bruns, a fitting group of seven sisters toured the grounds. The group explored the museum room and marveled at original *Pan Pipes* issues published a century ago. In the spirit of service, they volunteered to sort ritual items, built a garden bench, and

prepped cabinetry for a new museum room. The musical getaway wrapped up the next day at the Moogseum, where sisters played theremins and several different synthesizers. It was a lovely weekend of fellowship, service, and song. — *Sonia Mabry, editor*

Rockford (IL)

In May, we celebrated the 70th anniversary of the Rockford Alumnae Chapter with a High Tea at a member's home. The event was attended by both current and former members. The highlight of the afternoon was a slide presentation of the seven decades of the chapter, narrated by Patroness Tammy Schulz. This included moments in national history, local history, and pop culture. These were accompanied by pictures from 70 years of chapter scrapbooks. The event concluded with a Fraternity sing of some old and new favorites. — *Sara Thurber-Fiorenza, editor*

San Francisco Peninsula (CA)

The fall season opened with a musicale featuring violist Noriko Iwamoto and pianist Chin Beckmann performing Schubert's Arpeggione Sonata. Plans for the October meeting include an affiliation, a Friend of the Arts initiation, a patroness initiation, and a memorial ritual for violist Ann Coombs-Kenney. — *Laurel Brobst-Gilbert, secretary*

Topeka (KS)

The Topeka Alumnae Chapter began the year with our September Potluck BBQ Picnic with Theta Chapter. As we strengthened sisterhood with our collegiate members, we enjoyed grilled hamburgers, singing from the SAI Songbook, and sharing each chapter's plans for the year ahead. We have an exciting list of programs scheduled including Three Generations in Harmony, a flute trio musicale, featuring SAI Sara Emde, her mother, and her daughter; Roses of Excellence, a musicale presented by our Topeka Alumnae Scholarship recipients, Theta Chapter members Camille Cluke and Weslie Evans; Music of the Suffragettes with Patroness Member Kelly Huff; Musical Travels to Armenia by Chapter Treasurer Audra Bayless who will share her experiences performing with the 35th Division Band of the Kansas Army National Guard; and Exploring Mariachi Music with mariachi musician, Marisol Chavez. Our service projects will include a sing-along at a retirement center, our annual holiday Kindness Collection supporting families in need, and a music day at a local daycare. We look forward to our annual events the Holiday Celebration Brunch, the SAI All-American Band Concert scholarship fundraiser, and closing the year with our Founders' Day Celebration Brunch. — *Ginger Patterson, president*

SUBMISSION DEADLINES

JAN. 30 MARCH 15 JULY 15 OCT. 1

No need to email! Chapter submissions may be made through collegiate and alumnae forms available through the Officer Portal. Submissions and photos may be attached at the same time and uploaded to the OP. Chapter editors, please compile and send in your chapter submissions.

[Visit the Tempo! page on the website for submission guidelines.](#)

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